

Curriculum Vitae

Cecilia Breinbauer MD, MPH

Education

- Doctor of Medicine (MD), University of Chile (March 1982 - January 1989).
- Child and Adolescence Psychiatrist (Residence in Roberto del Rio Hospital/ University of Chile, June 1989 – December 1992).
- Master in Public Health (Maternal and Child Program), George Washington University (September 2003-May 2006)

Professional Experience

Interdisciplinary Council on Developmental and Learning Disorders (ICDL) (August 2006 - Present)

Since August 2006 I have coordinated different projects for ICDL including the preparation of application for approval of the ICDL Graduate School as a degree-granting institution, offering a distance learning doctoral program in Infant and Early Childhood Mental Health and Developmental Disorders. Other projects have included dissemination of information and strengthening of networks through the new ICDL website, representing ICDL in various meetings with UN and multilateral organizations (WHO, UNICEF, World Bank, Inter American Development Bank), and participated as a member of an inter-agency working group with the common goal of creating a global child development indicator. I have also collaborated with MEHRI to implement several new areas of research and infant mental health initiatives.

Inter-American Development Bank (IDB) (September 2005 – July 2006)

As an external consultant, I have assisted the IDB in two projects on Early Child Development (ECD), with a lead investigator role. The objective of the first project was to measure child development at the population level by supporting the Governments of Honduras, Nicaragua and Chile in the design of a ECD module, attached to population household surveys (e.g. DHS, Quality of Life and Health Survey) conducted in late 2005 and 2006. The objective of the second project was to support the Bank in the identification of cost-effective programs for the promotion of early child development and prevention of developmental delays in Chile, Honduras, and Nicaragua, contributing to a better design of its portfolio in this arena. During this period, I coordinated the implementation of both

projects with country teams, providing technical assistance, monitoring progress, organizing an international workshop to share lessons learned, and serving as interface with other child development experts who provided recommendations to the projects' activities (e.g. Canadian Technical Advisory Group, UNICEF NY).

UNICEF

(May 2005 – January 2006)

As an external consultant, I have provided training to UNICEF's adolescent and gender focal points from Latin American and Caribbean countries, and conducted a qualitative evaluation of the first phase of the Xchange project, a youth violence prevention program being implemented in seven Caribbean countries. In addition I have participated as key note speaker during the Adolescent Development and Participation Global networking meeting (September 2005), and the Early Child Development Global Indicator meeting (November 2006).

Pan American Health Organization (PAHO), Washington, DC

(November 2001-March 2005)

As a technical advisor for the Child and Adolescent Health Unit at PAHO, I supported projects in two areas:

- (a) Community interventions improving child health and development in 12 countries (March 2004-March 2005);
- (b) HIV/AIDS and pregnancy prevention programs for adolescents in four Central American countries (November 2001-March 2004).

During more than three years of work in PAHO, I had substantial responsibilities coordinating with national government institutions (e.g. Minister of Health), NGOs, other UN agencies (e.g. UNICEF, UNFPA, WHO Geneva), and donors (e.g. SIDA, NORAD, CMMB, American Red Cross), as well as on the production of specific technical advice and publications in the field of child and adolescence health and development. Other activities included developing a grant proposal highlighting the impact of maternal depression on child survival, growth and development as well as representing the Child and Adolescent Health Unit on several activities and meetings related to child development, child abuse prevention, and adolescent mental health.

On technical advice and publications, my most recent accomplishments include the publication, as principal author, of the book "*Youth: Choices and Change. Promoting Healthy Behaviors in Adolescents*", and the organization of an advisory panel of experts on *Healthy Mothers, Healthy Children: Emerging Public Health Issues in Newborn Health and Development*. (<http://www.paho.org/English/DD/PIN/pr050406.htm>, <http://www.paho.org/English/DD/PIN/pr050408.htm>)

The "*Youth: Choices and Change. Promoting Healthy Behaviors in Adolescents*" book, is a comprehensive review of the most effective behavioral, health

promotion and social change theories and best practices for designing evidence-based interventions to promote the adoption of healthy lifestyles and changing of risk behaviors among adolescents. This book was published in January 2005 by PAHO's publication area and is being distributed and marketed worldwide. (http://publications.paho.org/english/moreinfo.cfm?Product_ID=786&CFID=8572434&CFTOKEN=41300397)

Interdisciplinary Council on Developmental and Learning Disorders (ICDL) (November 1997 - August 2001)

The Interdisciplinary Council on Development and Learning Disorders (ICDL¹) was founded in 1997 by a leading group of professionals all across the USA and Canada lead by Dr. Stanley Greenspan (a world leading expert on child development and learning disabilities). The ICDL's mission is to promote innovative approaches to the identification, treatment and education of children with developmental, communication and learning disorders and contribute to improving early interventions and sound public policy in this field. In 1997, I was invited as the only Latin American and Caribbean advisory board member and in 1999 I founded and chaired the Chilean chapter until 2001. Since its foundation in 1997, ICDL has grown to more than 1,000 active American and international members and its publications and policy recommendation newsletter reaches more than 20,000 specialists and stakeholders worldwide. Since 1997, in my role as board advisor member, I work in close coordination with the chairman (Dr. Greenspan) providing policy formulation advice to introduce the DIR model into efforts of promoting child development in countries of the Americas.

Clinical Practice as Child Development expert in the USA (October 1994 – September 1997, and March – November 2001)

I practiced intensively as a Child developmental consultant (expert) while in the US first from 1994 to 1997 and then from early 2001 until I joined PAHO. As developmental consultant, I worked mainly with families and children with developmental, regulatory, and learning challenges, advising them on parenting practices and comprehensive approaches for successful school and societal inclusion of children with special needs. I did both, solo practice and practice in specialized centers such as the *Integrated Therapy Services (ITS) for Children and Families (March-November 2001)* and *The Reginald Lourie Center (October 1994 – September 1997)*.

Clinical Practice as Child and Adolescent Psychiatrist in Chile (March- June 1993 and March 1997 – October 2001)

I had a very intense clinical and community work with children and families with developmental challenges in Chile. This work included solo clinical practice, supporting parents associations, and training professionals working in the field.

¹ www.icdl.com

In solo clinical practice, I focused on working with children and adolescents with special needs and their families, including children in the autistic spectrum, regulatory disorders, developmental delays, neurological disorders, sensory integration dysfunction, ADHD and coordinating multidisciplinary teams for a more comprehensive rehabilitation and inclusion program. My work has been always focused on achieving successful inclusion of these children to school and society.

On supporting parents, I worked as principal advisor on child development with the Association of Parents of Autistic Children and Adolescents (PANAUT) (March 1998 – June 2000), an association of low-income parents with autistic children. In addition to clinical counseling, I provided advise on the overall association strategy and activities for achieving better care and inclusion of autistic children of very low income families.

Regarding the training of professionals, I founded and chaired a network (March 1998 – June 2000) aimed at building capacity among different professions working with children with special needs to enhance children's development through daily interactions and play with their caregivers. The network included a series of 12 training workshops in Santiago, Chile (a week each), that trained more than 200 professionals (Child Psychiatrists, Child Neurologists, Pediatricians, Occupational Therapists, Speech Pathologists, Special Educators and other) in stages of child development, and specifically in the "Floor Time" technique and DIR model developed by Dr. Stanley Greenspan in the U.S. and supported by ICDL. As the chairperson, I was in charge of most of the training and lecturing activities myself.

Publications

- **Strengthening Developmental Abilities of Children with Special Needs: Introduction to the DIR® Model and the Floortime™ Technique.** Article in Spanish (*Fortaleciendo el desarrollo de niños con necesidades especiales: Introducción al Modelo DIR y la terapia Floortime o Juego Circular*). *Revista Transiciones*, APPPNA, Lima Peru, Volume 11, September 2006
- **Youth: Choices and Change. Promoting Healthy Behaviors in Adolescents.** Breinbauer C., Maddaleno M. Washington, D.C.: Pan American Health Organization, 2005. ISBN: 92 75 11594 X
- **Understanding and Responding to HIV/AIDS-related Stigma and Discrimination in the Health Sector.** Foreman M., Lyra P. & Breinbauer C. Pan American Health Organization, Washington D.C., 2003.
- **"Autistic Spectrum Disorders."** Chapter in Spanish, in *Psicopatología infantil y de la adolescencia (Child and Adolescent Psychopathology)*, by Almonte, Montt, and Correa (Eds). Chapter 19, pp. 280-305. Editorial Mediterráneo Ltda., Santiago, Chile, 2003.

- **“Contribution of Regulatory Processes to Child Psychopathology.”** Chapter in Spanish, in *Psicopatología infantil y de la adolescencia (Child and Adolescent Psychopathology)*, by Almonte, Montt, and Correa (Eds). Chapter 18, pp. 126-129. Editorial Mediterraneo Ltda., Santiago, Chile, 2003
- **“Polysomnography in the Spectrum of Acquired Epileptiform Aphasia.”** Chiofalo, Nelly, David, Perla, Breinbauer, Cecilia, Ferreira, Jorge. *American Journal of Electroneurodiagnostic Technology*: Vol. 43, No. 1, pp. 13–17, 2003
- **“Autism: The Causes and Increases in Cases.”** Breinbauer, C and Raphael, J. *The Best Practices, Newsletter of the Interdisciplinary Council on Developmental & Learning Disorders*, Vol. 2, No. 2, July. Baltimore, MD, 2001
- **“Prediction of Childhood Problems at Three Years in Children Experiencing Disorders of Regulation During Infancy.”** DeGangi, G.A.; Breinbauer, C.; Doussard Roosevelt J.; Porges, S.; Greenspan S.I. *Infant Mental Health Journal*, Vol. 21 (3), 156-175, July. Chicago, 2000
- **“Contribution of Regulatory Processes to Child Psychopathology.”** Chapter in Spanish, in *Pediatría (Pediatrics)*, by Rizzardini and Saieh (Eds). Chapter 7, pp. 339 -340. Editorial Mediterraneo Ltda., Santiago, Chile, 1999.
- **“The Symptomatology of Infants and Toddlers with Regulatory Disorders.”** DeGangi G. and Breinbauer, C. *The Journal of Developmental and Learning Disorders*, Vol. 1(1), 183-215. International Universities Press, Inc. Washington, D.C., 1997
- **“Learning Disabilities: A Particular Challenge for Each Child”** Article in Spanish, in *Boletín de la Sociedad de Psiquiatría y Neurología de la Infancia y Adolescencia*, Year 4 (1), 20-32, June. Santiago, Chile, 1993
- **“Training in Child Psychiatry for Primary Care Physicians: Behavioral Pediatric Workshops.”** De la Barra; Olivares; Guarda; Toledo; León; Breinbauer; Orpinas. *Newsletter of the Association for Child Psychology and Psychiatry*, Vol. 11 (4), 14-19, July. London, England, 1991

Academic and Lecturing Activities

- Guest lecturer in multiple international conferences hosted by, among others: UNICEF, World Health Organization; Population Council, Zero to Three Organization, Canadian Centre of Excellence for Early Childhood Development; Catholic University of Peru (Psychology Department), Board of Jewish Education of Greater Washington; STEP Seminars; Kennedy Institute, as well as different Chilean academic societies
- ICDL Faculty (since July 2000).
- Training of medical students on issues related to the diagnosis and intervention options for children with Autistic Spectrum Disorder. Infant Mental Health Unit, Roberto del Rio Hospital, University of Chile, 1997-2000.
- Guest lecturer for the Child Development course at the Adult Psychiatry Residence, University of Chile, 1998-1999.

Membership in Scientific Societies

- Delta Omega Honorary Public Health Society since May 2006
- Interdisciplinary Council on Developmental and Learning Disorders (ICDL) since its foundation in 1997.
- Chilean Society of Child and Adolescent Psychiatry and Neurology since 1997.
- Chilean Society of Neurology, Psychiatry and Neurosurgery since 1998.
- Chilean Society of Biological Psychiatry since 1999.

Languages

- Spanish: Native
- English: (S:E, W:E, R:E)
- German: (S:F, W: ,R:F)

Computer Skills

- Word, Excel, PowerPoint, Outlook: Excellent
- Adobe Contribute: Excellent
- Microsoft Office Publisher, Access Database: Fair

Personal Information

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